The Organic Foot Company

Foot care products made by a podiatrist with foot care in mind.

PRODUCT INFORMATION



www.theorganicfootcompany.co.uk

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100% NATURAL PRODUCT

VEGAN

PARABEN FREE

CRUELTY FREE not tested on animals

The Organic Foot Company

Our products are developed, handmade, and hand-packaged in the UK by Natalie, a specialist High-Risk Podiatrist with extensive experience in both the NHS and private practice.

After years of research and testing, we created a range of premium foot care products using carefully selected natural ingredients designed to nourish, hydrate, and support healthy skin and nails.

All our products are 100% natural, vegan, cruelty-free, paraben-free, PEG-free, and glycol-free. Each product is individually safety assessed, certified, and compliant with EU cosmetic safety regulations.

Suitable for people with diabetes, our products combine professional podiatry expertise with high-quality natural skincare.

We're also committed to sustainability, using recyclable and reusable packaging wherever possible, including aluminium, glass, recycled plastics, recycled paper, and plant-based biopolymer bottles.

Best regards

Natalie

The Organic Foot Company



Foot Balm

Ingredients:

Calendula; Coconut Oil; Olive Wax; Shea Butter; Roman Chamomile; Camelia Oil; May Chang; Ricinus Communis Seed Oil; *Peppermint; *Lime; *Cajeput, *May Chang (Lemon Sherbet)

(* scent differs in products)

Shea Butter

Extracted from the Karite Tree. It contains natural anti-inflammatory properties.

Rich in Vitamin A and E and as a result improves the skin elasticity. Shea butter is great at locking in moisture to the skin due to its high fatty acid content (Oleic acid, Stearic acid, Lineic acid). Shea butter is beneficial if your heels are very dry/ scaly skin present and the Vitamin F in it help to maintain skin elasticity.

Roman Chamomile

Soothes and calms dry, irritated skin which is beneficial for those suffering from conditions such as eczema and dermatitis.

Coconut oil

Excellent in penetrating the skin to add moisture, due to high concentrations of Vitamin E. It contains natural Lauric acid which has anti-bacterial and anti-fungal properties.

Long lasting fragrance; Moisturising effects which soothes dry, cracked skin.

Cajeput

Cajeput essential oil is extracted from the twigs and leaves of the Cajeput tree. It has anti-bacterial, anti-fungal and anti-viral properties.

Litsea Cubeta

Natural antioxidant, antiviral and antifungal properties and is rich in natural vitamins and fatty acids. If you are on holiday where there are mosquitoes, Litsea Cubeta is known to repel them.

This balm does not leave a greasy residue and is well absorbed by the skin.

To apply, warm a little in the palm of your hands and gently massage into each foot. It will then gradually absorb in.

Store in a cool environment, away from any sources of heat i.e. radiators as the balm may start to melt if temperatures exceed 24 degrees.

Not to be used by anyone with an allergy to any of the ingredients. Suitable for use by those with diabetes.

Not to be used on broken, macerated or ulcerated skin. Avoid contact with eyes. Not recommended to be ingested.

The Organic Foot Company



Foot Cream

Ingredients:

Aqua; Calendula Officinalis; Sunflower Oil; Rose Water; Sweet Almond Oil; Coconut Oil; Cetyl Alcohol (from coconut oil); Sodium Stearoyl Lactylate (emulsifier); Glycerine (vegetable); Benzyl Alcohol (fruit); Salicylic Acid (plum); Sorbic Acid (natural preservative); Vitamin E; Peppermint; Lime; Limonene; Linalool; Geraniol (Citronella)

Calendula Officinalis

A botanical ingredient extracted from the common marigold. It increases hydration of the skin by stimulating collagen production and reducing dryness of skin. Natural healing properties; anti-inflammatory properties; stimulates blood flow; reduces visibility of scar tissue

Sunflower Oil

Rich in Omega-6 to help reduce inflammation and enhance development of new skin cells. Rich in Vitamin E to help the skin retain and trap moisture in. Helps rehydrate skin.

Rose Water

Balances skins oil production; improves elasticity of the skin; soothes irritated skin

Sweet Almond Oil

Contains calcium; magnesium; phosphorus and vitamin E to promote nourishment to skin. Contains natural fatty acids that help retain moisture and soothe irritated skin. Does not clog pores.

Peppermint

A soothing essential oil. Reduces itching. Refreshing scent. Contains Vitamin A and C, Potassium, Omega-3, Iron, Magnesium, Copper and Manganese. Controls excess oil secretion and helps maintain skin PH levels.

Lime

Natural disinfectant. Aids in the removal of dry/ dead skin and clears pores due to natural abrasive properties.

Regular use is advised to ensure skin is kept well nourished. Apply to dry skin using your finger tips or palm of your hand and massage in to your feet slowly. Allow to absorb in.

Not to be used by those with an allergy to any of the ingredients.

Suitable for use by those with diabetes. Not to be used on broken, macerated or ulcerated skin. Store in a cool, dry place.

Avoid contact with eyes. Not recommended to be ingested.

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Cuticle Oil

Ingredients:

Hemp Oil, Sweet Almond Oil; Peppermint: Lime; Sesame Oil; Jojoba; Avocado Oil; Olive Oil

Hemp

Natural source of calcium, potassium, magnesium, copper, vitamins A, B1 (thiamin), B3 (niacin), B5, B9 (folate), and D (of which it is the only plant source), along with antioxidant vitamin E (tocopherols)

Olive Oil

Penetrates the skin and nail, to help repair damage and rehydrate nails and cuticles.

Jojoba

Rich in vitamin E; natural anti-bacterial, antioxidant and regenerative properties. Bacteria-resistant helping to keep nails healthy and reduces the risk of fungus developing. Close to the natural oils of our body so absorbs faster than other oils. Naturally deters microbes and prevents growth of bacteria.

Sesame Oil

Keeps the nails hydrated, rejuvenated, moisturised & nourished. Contains natural fatty acids (Oleic, Palmitic, Steric, Lineic) to help keep skin soft and nails hydrated and nourished.

Avocado Oil

Packed with Vitamins A, B & E, folate and plant protein

Sweet Almond Oil

Contains calcium; magnesium; phosphorus and vitamin E to promote nourishment to skin

Not to be used by anyone who has an allergy to any of the ingredients.

Suitable for use by those with diabetes.

Not to be used on broken, macerated or ulcerated skin. To be stored in a cool, dry place.

Avoid contact with eyes. Not recommended to be ingested.

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Foot Soak

Ingredients:

Water, Coco-Glucoside (Natural Surfactant), Glyceryl Oleate (emulsifier from olive oil), Citric Acid, Tocopherol, Hydrogenated Glycerides Citrate (oily liquid derived from vegetable oils and citric acid), Benzyl Alcohol, Salicylic Acid (fruit), Glycerin (veg), Sorbic Acid, Mint, Lime

Tocopherol (Vitamin E)

A natural organic compound rich in Vitamin E which helps increase moisture to skin and repair damaged skin cells by strengthening the skin barrier function.

Peppermint

Soothing. Reduces itching. Refreshing scent. Detoxifies skin. Contains Vitamin A and C, Potassium, Omega-3, Iron, Magnesium, Copper and Manganese. Controls excess oil secretion and helps maintain skin PH levels.

Lime

Natural disinfectant. Aids in the removal of dry/ dead skin and clears pores due to natural abrasive properties.

Apply small amount to foot spa/ vessels to soak feet in (4-6 drops recommended), and add warm water. Ensure temperature of water is not too hot prior to putting feet in. Soak feet for approx. 5mins and relax.

Can also be used as a foot wash not just a soak.

Not to be used by anyone who has an allergy to any of the ingredients.

Suitable for use by those with diabetes.

Not to be used on broken, macerated or ulcerated skin

Avoid contact with eyes. Not recommended to be ingested.

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Foot Mask

Ingredients:

Water, Aloe Vera, Sodium Benzoate, Potassium Sorbate, Lavender Oil, Hemp Oil, Vitamin E, Calendula, Sunflower Oil, Xanthan Gum, Benzyl Alcohol (fruit), Salicylic Acid (fruit), Glycerine (veg), Sorbic Acid, *Lime, *Peppermint, Geraniol (Citral), Limonene, Linalool *Lavandula Angustifolia
(* ingredients differ in products: mint and lime or lavender)

Peppermint

Soothing. Reduces itching. Refreshing scent. Detoxifies skin. Contains Vitamin A and C, Potassium, Omega-3, Iron, Magnesium, Copper and Manganese. Controls excess oil secretion and helps maintain skin PH levels.

Lime

Natural disinfectant. Aids in the removal of dry/ dead skin and clears pores due to natural abrasive properties.

Avocado Oil:

Packed with Vitamins A, B & E, folate and plant protein

Calendula Officinalis

A botanical ingredient that comes from the common marigold. It increases hydration of the skin by stimulating collagen production and reducing dryness of skin. Natural healing properties; anti-inflammatory properties; help blood flow; reduces visibility of scar tissue

Lavender

Anti-inflammatory properties, which make it great for soothing and healing skin that's irritated or reddened from the sun, insect bites, or bacteria. Calming and relaxing scent.

Apply a thin layer of the foot mask to clean, dry feet using your fingertips (wash hands prior to and after application).
Leave on for 15 minutes (ideally wrap feet in cling film if possible). Do not stand up or attempt to walk around with cling film or foot mask on your feet as this could be a slip hazard.
Soak off in warm water or wipe off with a soft, clean towel.
If soaking the mask off, pat feet dry - thoroughly dry in between toes as not doing this can lead to macerated skin and make it sore.
Not for use by anyone with an allergy to any of the ingredients.
Suitable for use by those with diabetes.
Store in a cool, dry place.
Avoid contact with eyes. Not recommended to be ingested.

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Exfoliating Foot Scrub

Ingredients:

Aqua, Xanthan Gum, Benzyl Alcohol, Salicylic Acid, Glycerin (veg), Sorbic acid, *Peppermint, *Lime, Linalool, Geraniol (Citral), *Cajuput; Prunus Amygdalus; Bambusa Arundinacea; Pelargonium Graveolens

(* ingredients differ in products: mint and lime, mint lime and rose or cajuput)

Apricot Seed

High in Fatty Acids, Vitamins A & E, which can be used to nourish, moisturise, and soften dry skin.

Removes dead surface skin cells and surface debris. The oil is easily absorbed into the skin without leaving an oily residue

Sweet Almond Oil

Contains calcium; magnesium; phosphorus and vitamin E to promote nourishment to skin. Contains natural fatty acids that help retain moisture and heal chapped skin. Does not clog pores.

Peppermint

Soothing. Reduces itching. Refreshing scent. Detoxifies skin. Contains Vitamin A and C, Potassium, Omega-3, Iron, Magnesium, Copper and Manganese. Controls excess oil secretion and helps maintain skin PH levels.

Lime

Natural disinfectant. Aids in the removal of dry/ dead skin and clears pores due to natural abrasive properties.

Cajeput

Cajeput essential oil is extracted from the twigs and leaves of the Cajeput tree. Cajeput essential oil is extracted from the twigs and leaves of the Cajeput tree. It has anti-bacterial, anti-fungal and anti-viral properties.

Apply small amount to each foot and massage in (half a teaspoon per foot is sufficient). Soak feet in a foot spa/ bowl of water for around 5 minutes (ensure water is not too hot before putting feet into foot spa/bowl). Rinse off feet.

Not to be used by anyone who has an allergy to any of the ingredients.

Suitable for use by those with diabetes.

Not to be used on broken, macerated or ulcerated skin

To be stored in a cool, dry place. Avoid contact with eyes. Not recommended to be ingested.

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Lavender infused massage oil

Ingredients

Lavandula Angustifolia, Vitis Vinifera

Lavender

Anti-inflammatory properties, which make it great for soothing and healing skin that's irritated or reddened from the sun, insect bites, or bacteria. Calming and relaxing scent.

Vitis Vinifera (Grapeseed Oil)

Grapeseed oil has natural anti-inflammatory, antimicrobial and antioxidant properties. These properties, along with the high amounts of omega chain fatty acids and Vitamin E contained in grapeseed oil, have made it a popular topical treatment for skin.

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Spray the oil directly on to the skin and massage in.

Not to be used by anyone who has an allergy to any of the ingredients.

Suitable for use by those with diabetes.

Not to be used on broken, macerated or ulcerated skin

To be stored in a cool, dry place.

Avoid contact with eyes. Not to be ingested.

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Trial Packs:

A pack containing trial sizes of our products. Each pack includes:

Foot Cream; Foot Balm; Exfoliating Scrub; Foot Mask; Lavender Oil; Cuticle Oil and foot soak.



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Shea Butter & Oatmeal Soaps

Aqua; Propylene Glycol; Sodium Stearate; Glycerin; Sucrose; Sodium Laurate; Sorbitol; Kernel Flour (oatmeal powder); Sodium Chloride; Steric Acid; Titanium Dioxide; Myristic Acid; Shea Butter; Tetrasodium; Penta sodium Penetate





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Soaking Salts

Ingredients:

Himalayan Pink Salt; Dead Sea Salt; Epsom Salt *peppermint *lime *lavender *cajeput

(*option of mint & lime, cajeput or lavender scented salts)

Himalayan Pink Salt:
Relaxes muscles due to magnesium and other trace minerals it contains

Epsom Salts:
Exfoliates dead skin cells and cleanses pores
Soften rough skin (perfect for your heels)

Dead Sea Salt:
Stimulates circulation
Enhances skin hydration
Natural disinfectant
Helps reduce water retention
Beneficial for those with psoriasis as it helps reduce itching

